DIY Natural Cleaning Recipes - Printable

Essential Ingredients for DIY Cleaning

Stock up on these natural cleaning powerhouses before you start mixing:

- White vinegar Cuts grease, deodorizes, and disinfects.
- <u>Baking soda</u> Scrubs, neutralizes odors, and deodorizes.
- Castile soap A gentle yet effective plant-based soap.
- Lemon juice A natural antibacterial agent with a fresh scent.
- <u>Essential oils</u> (tea tree, lavender, citrus) Provide antibacterial properties and pleasant aromas.
- Hydrogen peroxide Disinfects without producing toxic fumes.
- Cornstarch Absorbs odors and polishes surfaces.
- Glass Spray Bottles To hold your natural cleaners
- Air-Tight Containers To hold your homemade wipes
- Dissolving Labels To label your cleaners

All-Purpose Cleaner

Ingredients:

- 1 cup white vinegar
- 1 cup water
- 10 drops essential oil (lemon, tea tree, or lavender)

Instructions:

- 1. Mix all ingredients in a spray bottle.
- 2. Shake well before each use.
- 3. Spray onto surfaces and wipe with a microfiber cloth.

Best For:

- Kitchen counters
- Bathroom surfaces
- General household cleaning

Note: Avoid using this on marble or granite.

Glass and Mirror Cleaner

Ingredients:

- 1 cup distilled water
- 1/4 cup white vinegar
- 1 tablespoon cornstarch

Instructions:

- 1. Combine ingredients in a spray bottle.
- 2. Shake well before each use.
- 3. Spray onto glass and wipe with a microfiber cloth or newspaper.

Best For:

- Windows
- Mirrors
- Glass tables

DIY Disinfecting Wipes

Ingredients:

- 1 cup water
- 1/4 cup rubbing alcohol
- 1 tablespoon Castile soap
- 10 drops tea tree oil
- Old cotton t-shirts or reusable cloths

Instructions:

- 1. Soak fabric squares in the solution.
- 2. Store in an airtight container.
- 3. Use as needed and launder cloths regularly.

Best For:

- Kitchen surfaces
- Doorknobs
- Bathroom sinks

Baking Soda Scrub

Ingredients:

- 1/2 cup baking soda
- 1/4 cup liquid Castile soap
- 5 drops essential oil

Instructions:

- 1. Mix ingredients into a paste.
- 2. Apply with a sponge.
- 3. Scrub gently and rinse with warm water.

Best For:

- Sinks
- Bathtubs
- Stovetops

Tip: Let sit for 5–10 minutes on tough stains before scrubbing.

Carpet Deodorizer

Ingredients:

- 1 cup baking soda
- 10 drops essential oil

Instructions:

- 1. Mix ingredients in a container.
- 2. Sprinkle evenly over carpets.
- 3. Let sit for 15 minutes before vacuuming.

Best For:

- Freshening up carpets
- Neutralizing odors

Print these out for quick and easy reference!