

Sustainable Home Decor Checklist

Refresh Your Home the Eco-Friendly Way!

Choose Sustainable Fabrics for Textiles

- ☐ Opt for **organic cotton, linen, or hemp** for curtains, cushions, and throws.
- ☐ Look for **OEKO-TEX and GOTS-certified textiles** for eco-friendly production.
- ☐ Use **recycled or upcycled fabrics** for a low-waste option.
- ☐ Swap out synthetic fiber rugs for **handwoven, fair-trade** alternatives.

Use Reclaimed or Upcycled Furniture

- ☐ Refresh old furniture with **repainting, refinishing, or reupholstering**.
- ☐ Turn **wooden crates into shelves** or storage solutions.
- ☐ Browse **thrift stores, flea markets, and online marketplaces** for unique, secondhand finds.

Decorate with Indoor Plants

- ☐ Improve air quality with **low-maintenance plants** like Snake Plants, Pothos, and Aloe Vera.
- ☐ Repurpose containers like **vintage teapots, baskets, or glass jars** as plant holders.

Swap Out Synthetic Candles for Natural Alternatives

- ☐ Choose **soy, beeswax, or coconut wax candles** over paraffin-based ones.
- ☐ Look for **essential oil-infused candles** for natural fragrances.
- ☐ DIY your own **beeswax candles** for a toxin-free home scent.

Use Energy-Efficient Lighting

- ☐ Replace traditional bulbs with **LED bulbs** to reduce energy use.
- ☐ Add **solar-powered lanterns** for outdoor lighting.
- ☐ Consider **rechargeable table lamps** as an energy-conscious alternative.

Incorporate Recycled Glass & Sustainable Decor Accents

- ☐ Decorate with **recycled glass vases & bottles**.

- ☐ Use **bamboo accessories** for a stylish and biodegradable touch.
- ☐ Add **reclaimed wood decor** for wall art, shelves, or furniture.

Refresh Walls with Eco-Friendly Paint or Wallpaper

- ☐ Choose **low-VOC or VOC-free paints** for better indoor air quality.
- ☐ Use **non-toxic, biodegradable peel-and-stick wallpaper** for easy updates.
- ☐ Try **natural clay-based paints** for a sustainable and earthy look.

DIY Upcycled Home Accessories

- ☐ Repurpose **mason jars into vases** or storage containers.
- ☐ Make **wine bottle planters** for a modern plant display.
- ☐ Create **pallet wood art** for a rustic, personalized touch.

Opt for Biodegradable or Recycled Rugs

- ☐ Use **natural fiber rugs** like jute, wool, or bamboo.
- ☐ Look for **recycled fabric rugs** to reduce textile waste.
- ☐ Choose rugs **dyed with natural, non-toxic colors**.

Support Local Artisans & Sustainable Brands

- ☐ Buy **handmade decor** from small businesses and ethical artisans.
- ☐ Shop from **eco-conscious brands** that prioritize sustainability.
- ☐ Thrift or purchase **vintage decor** for a one-of-a-kind, waste-reducing touch.

By making small, mindful changes, you can create a **beautiful, sustainable home** that's kind to the planet. 🌿

📌 **Download & Print This Checklist** to guide your eco-friendly home refresh!